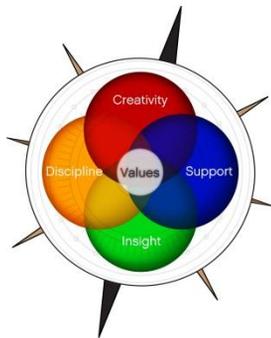


The Power Compass

Your Power Compass

Name: _____



Instructions - In each category, answer the 5 questions, total your scores.

Key: Never - 0, Sometimes - 1, Often - 2, Consistently - 3, Always - 4

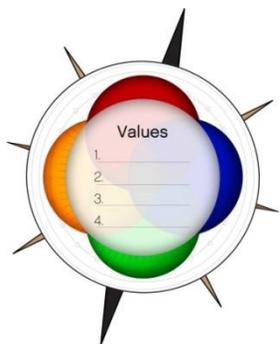
INSIGHT for ENERGY

1. Do I live in the current moment? (Present)
2. Can I quiet my mind and listen to the voice inside me? (Still)
3. Do I accept people and circumstances as they are and forgive all, including myself, for past mistakes? (Accepting)
4. Am I generous with my time and possessions? (Generous)
5. Am I grateful for life's gifts? (Grateful)

My **INSIGHT** score total:

VALUES for CONFIDENCE

Select four values that you “stand for” and write them below. You can use the Sample Values from the list on the last page or add your own.



6. Do I feel strongly about my values?
7. Do I think about the values I stand most strongly for?
8. Do I discuss the values I stand most strongly for with others?
9. Do I write about the values I stand most strongly for?
10. Do I act in ways that are consistent with my most strongly held values?

My **VALUES** score total:

Key: Never - 0, Sometimes - 1, Often - 2, Consistently - 3, Always - 4

DISCIPLINE for CLARITY

- 11. Do I describe what I do in a broad, positive context? (Envision)
- 12. Do I build specific approaches to succeed with the help of others? (Strategize)
- 13. Do I create and use detailed plans to reach goals? (Plan Tactics)
- 14. Do I follow those plans, track progress, and hold myself accountable for my performance? (Implement/Measure)
- 15. Do I anticipate changes and welcome input from all sources? (Adjust)

My **DISCIPLINE** score total:

SUPPORT for INFLUENCE

- 16. Do I “walk the talk” to demonstrate what I believe to others? (Model)
- 17. Do I motivate others more from who I am, rather than what I say? (Inspire)
- 18. Do I actively support others with what they need once I understand their needs? (Enable)
- 19. Do I cheer for others? (Encourage)
- 20. Do I ask others about their views, motives, and assumptions, and listen? (Question)

My **SUPPORT** score total:

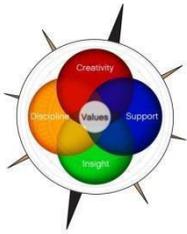
CREATIVITY for IMPACT

- 21. Do I trust my feelings as truth and guidance? (Feel)
- 22. Do I take responsibility for my thoughts and can I stop negative thinking when I become aware of it? (Think)
- 23. Do I choose words consciously when I speak as words are powerful? (Speak)
- 24. Do I write to express what I feel and what I think? (Write)
- 25. Do I act in ways that are consistent with what I feel, think, and say? (Act)

My **CREATIVITY** score total:

Determine your Power Compass Baseline score by adding the sum of all 5 areas.

Consider choice changes for any low score or in any area where your total score is < 15.



Values Sample

Trust	Participation	Truth
Humor	Performance	Spontaneity
Directness	Collaboration	Serenity
Partnership	Community	Adventure
Productivity	Personal Power	Comfort
Service	Freedom to Choose	Dedication
Excellence	Connection	Wisdom
Accountability	Acknowledgement	Courage
Focus	Comradeship	Sensitivity
Harmony	Respect	Family
Recognition	Spirituality	Tenderness
Accomplishment	Empowerment	Originality
Honesty	Self-expression	Strength
Orderliness	Independence	Leadership
Success	Nurturing	Kindness
Accuracy	Joy	Empathy
Tradition	Beauty	Wealth
Creativity	Authenticity	Passion
Integrity	Risk Taking	Equality
Ethics	Elegance	Imagination
Peace	Vitality	???

Reminder: Real power can be seen in your energy, confidence, clarity, influence and impact.

BEING CHIEF™
supporting Chiefs at all levels